

Breakfast **K** THROUGH **8**

April 2018

Grab & Go



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p>  <p>Mini Breakfast Pizzas</p>  <p>Mini Cinnamon Creamy Cheese Bagels</p> <p>Dried Cranberries Fresh Apple</p>	<p>3</p>  <p>Blueberry Mini Waffles</p>  <p>Frosted Mini Wheats with String Cheese</p> <p>Applesauce Fresh Orange</p>	<p>4</p>  <p>Cinnamon French Toast</p>  <p>Pear Parfait Graham Crackers</p> <p>Diced Pears Dried Cranberries</p>	<p>5</p>  <p>Egg & Cheese English Muffin with Grape Jelly</p>  <p>Cheerios String Cheese</p> <p>Orange Juice Fresh Banana</p>	<p>6</p>  <p>The Cubbie Pancakes & Sausage Griddler</p>  <p>PB & J Graham Cracker Bar</p> <p>Diced Peaches Fresh Pear</p>
<p>9</p>  <p>Cheddar Cheese Omelet with Sliced Toast</p>  <p>Frosted Mini Wheats with String Cheese</p> <p>Dried Cranberries Fresh Orange</p>	<p>10</p>  <p>Country Chicken & Cheese on a Biscuit</p>  <p>NEW! Mango Banana Bar</p> <p>Applesauce Fresh Banana</p>	<p>11</p>  <p>Pancake on a Stick</p>  <p>Peach Parfait Graham Crackers</p> <p>Diced Peaches Fresh Orange</p>	<p>12 Cooking up Change</p>  <p>NEW! Peanut Butter & Banana Wrap Kit. a recipe created by Culinary Students at Chicago Vocational High School</p>  <p>Cheerios with Boiled Egg</p> <p>Diced Pears Fresh Banana</p>	<p>13</p> <p>No School</p>

RISE AND SHINE! LET'S GRAB BREAKFAST!

- Culinary students competing in the "Cooking up Change" competition inspired our **Peanut Butter & Banana Wrap** recipe!
- Breakfast is available for every student, **even after the final morning bell rings.**
- We proudly serve chicken raised with **No Antibiotics Ever!**
- Enjoy **your favorite condiments** with breads and breakfast sandwiches!
- For **new recipes and special promotions** this year, look for the **orange fork!**
- All of this year's new items are CPS **student-tested and approved.**
- SunButter will be substituted in buildings on peanut-free menus.

ALL MEALS ARE FREE EVERY DAY

We offer a rotation of vitamin and mineral-rich seasonal fresh & cupped fruits.

Vegetarian entrees are identified with a green check. ✓

We only use heart-healthy whole grain breads.

Our milk varieties include 1% low fat and fat-free unflavored milk.



www.cps.edu/food

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<p>16</p>  <p>Mini Breakfast Pizzas</p>  <p>Mini Cinnamon Creamy Cheese Bagels</p> <p>Dried Cranberries Fresh Orange</p>	<p>17</p>  <p>Blueberry Mini Waffles</p>  <p>Frosted Mini Wheats with String Cheese</p> <p>Applesauce Fresh Banana</p>	<p>18</p> <p>Elementary Parent-Teacher Conference Day</p>	<p>19</p>  <p>Cinnamon French Toast</p>  <p>Pear Parfait Graham Crackers</p> <p>Diced Pears Fresh Banana</p>	<p>20</p>  <p>The Cubbie Pancakes & Sausage Griddler</p>  <p>PB & J Graham Cracker Bar</p> <p>Orange Juice Fresh Pear</p>
<p>23</p>  <p>Cheddar Cheese Omelet with Sliced Toast</p>  <p>French Toast Bar</p> <p>Dried Cranberries Fresh Orange</p>	<p>24</p>  <p>Pancake on a Stick</p>  <p>Frosted Mini Wheats String Cheese</p> <p>Applesauce Fresh Banana</p>	<p>25</p>  <p>IT'S BACK! Cherry Frudel</p>  <p>Peach Parfait Graham Crackers</p> <p>Diced Peaches Fresh Orange</p>	<p>26</p>  <p>Egg & Cheese English Muffin with Grape Jelly</p>  <p>Cheerios with Boiled Egg</p> <p>Diced Pears Fresh Banana</p>	<p>27</p>  <p>Chicken-Sausage & Cheese Breakfast Sandwich</p>  <p>PB & J Graham Cracker Bar</p> <p>Orange Juice Fresh Pear</p>

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