

# Breakfast **K** THROUGH **8**

## March 2018

Grab & Go



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>5</b></p>  <p><b>NEW!</b> Guavalito (a Guava-Filled Pastry)</p>  <p>French Toast Bar</p> <p>Dried Cranberries Fresh Orange</p>	<p><b>6</b></p>  <p><b>NEW!</b> Chicken and Waffle</p>  <p>Frosted Mini Wheats String Cheese</p> <p>Applesauce Fresh Banana</p>	<p><b>7</b></p>  <p><b>NEW!</b> French Toast Sticks With Maple Syrup</p>  <p>Peach Parfait Graham Crackers</p> <p>Diced Peaches Fresh Orange</p>	<p><b>8</b></p>  <p>Warm Oatmeal Raisin Bar</p>  <p>Cheerios with Boiled Egg</p> <p>Diced Pears Fresh Banana</p>	<p><b>9</b></p>  <p>Apple Frudel</p>  <p>PB &amp; J Graham Cracker Bar</p> <p>Orange Juice Fresh Pear</p>
<p><b>12</b></p>  <p>Blueberry Mini Waffles</p>  <p>Frosted Mini Wheats with String Cheese</p> <p>Dried Cranberries Fresh Orange</p>	<p><b>13</b></p>  <p>Mini Breakfast Pizzas</p>  <p>Mini Cinnamon Creamy Cheese Bagels</p> <p>Applesauce Fresh Banana</p>	<p><b>14</b></p>  <p>Cinnamon French Toast</p>  <p>Pear Parfait &amp; Graham Crackers</p> <p>Diced Peaches Fresh Orange</p>	<p><b>15</b></p>  <p>The Cubbie Pancakes Sausage Griddler</p>  <p>Cheerios with Boiled Egg</p> <p>Diced Pears Fresh Banana</p>	<p><b>16</b></p>  <p>The Sunnyside Egg &amp; Cheese Quesadilla with Taco Sauce</p>  <p>PB &amp; J Graham Cracker Bar</p> <p>100% Orange Juice Fresh Pear</p>

### JOIN US FOR NATIONAL SCHOOL BREAKFAST WEEK!

- March 5-9 is **School Breakfast Week!** Enjoy our featured entrees & fruits every day!
- Breakfast is available for every student, **even after the final morning bell rings.**
- We proudly serve chicken raised with **No Antibiotics Ever!**
- Enjoy **your favorite condiments** with breads and breakfast sandwiches!
- For **new recipes and special promotions** this year, look for the **orange fork!**
- All of this year's new items are CPS **student-tested and approved.**

### ALL MEALS ARE FREE EVERY DAY

We offer a rotation of vitamin and mineral-rich seasonal fresh & cupped fruits.

Vegetarian entrees are identified with a green check. ✓

We only use heart-healthy whole grain breads.

Our milk varieties include 1% low fat and fat-free unflavored milk.



[www.cps.edu/food](http://www.cps.edu/food)

Our menus are pork-free! In peanut-free buildings, SunButter will be substituted. All menus are subject to change. Not all offerings may be available in all buildings.

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>19</b></p>  <p>✓ Cheddar Cheese Omelet with Sliced Toast</p>  <p>✓ French Toast Bar</p> <p>Dried Cranberries Fresh Orange</p>	<p><b>20</b></p>  <p>Chicken-Sausage &amp; Cheese On a Bun</p>  <p>✓ Frosted Mini Wheats with String Cheese</p> <p>Applesauce Fresh Banana</p>	<p><b>21</b></p>  <p>Pancake on a Stick</p>  <p>✓ Peach Parfait Graham Crackers</p> <p>Diced Peaches Fresh Orange</p>	<p><b>22</b></p>  <p>Country Chicken &amp; Cheese on a Biscuit</p>  <p>✓ Cheerios with Boiled Egg</p> <p>Diced Pears Fresh Banana</p>	<p><b>23</b></p>  <p>✓ Egg &amp; Cheese English Muffin with Grape Jelly</p>  <p>✓ PB &amp; J Graham Cracker Bar</p> <p>Diced Pears Fresh Banana</p>
<p><b>26</b></p> <p>Spring Break March 26-30 → No School</p>	<p><b>27</b></p>	<p><b>28</b></p>	<p><b>29</b></p>	<p><b>30</b></p>

### RISE AND SHINE WITH BREAKFAST!

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- For **new recipes and special promotions** this year, look for the **orange fork!** 
- All of this year's new items are CPS **student-tested and approved.**
- Enjoy your Spring Break! Remember to eat healthy foods and drink lots of water!

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This institution is an equal opportunity provider.

Questions? Contact us at [food@cps.edu](mailto:food@cps.edu)